

# Dengue can be prevented and is curable.

## Do not panic.



Ministry of Health & Family Welfare  
Government of India



In 99.79% of reported cases of Dengue, patients have fully recovered, following doctor's advice. If you have symptoms of Dengue, visit the nearest health center/hospital.

In all cases, hospitalisation and platelet transfusion may not be necessary. Hospitalisation is only on the advice of the doctor in the OPD.

- In homes, patients must keep themselves amply hydrated. Take ample liquids such as ORS solution, coconut water, fruit juices, etc.
- Take paracetamol to reduce temperature.
- Resort to sponging with cold water during fever.

#### Take care to:

- Cover water tanks/containers with lids.
- Empty water cooler frequently.
- Dispose off all junk and un-used containers from your premises, which can collect water.
- Use bednet while sleeping.
- Cover yourself with full sleeved clothes.
- Use mosquito repellent.

#### In case of the following, report to the nearest hospital:

- Bleeding from any part of the body.
- Fresh red spots on skin, black stool, red urine, cold clammy skin.
- Severe abdominal pain, persistent vomiting.
- Decreased urine or no urine for 12 hrs.
- Restlessness, seizures.



National Vector Borne Disease Control Programme

Dte. General of Health Services

[www.nvbdc.gov.in](http://www.nvbdc.gov.in) [www.mohfw.nic.in](http://www.mohfw.nic.in) [www.pminida.gov.in](http://www.pminida.gov.in) [www.mygov.in](http://www.mygov.in)

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